



Discounted gym memberships:

A Health and Wellness Benefit for SJRMC Employees

In addition to the free employee fitness center located at San Juan Regional Medical Center, we also offer discounted memberships to the following gyms:

Anytime Fitness

4917 East Main Street in Farmington | 1245 Apache in Farmington | 105 West Aztec Boulevard in Aztec

- \$45 one time enrollment fee + \$37.50 per month on 6 month membership*
- **3 San Juan County Locations:**
East Farmington: 505.325.5848 | West Farmington: 505.436.7600 | Aztec: 505.334.9595
- Free Classes and personal training (*subject to additional charge*)
- Immediate family members may enroll under SJRMC rate, priced per person
- anytimefitness.com

Defined Fitness

1700 20th Street in Farmington

- FIRST MONTH FREE then \$38.99 + tax per month (*\$75 One time fee for new members only*)*
- No contract
- Access to all five locations in Farmington, Albuquerque, and Rio Rancho
- Immediate family members may enroll under SJRMC rate, priced per person
- Free group fitness classes
- Swimming pool, spa, sauna, steam room
- Free Kids Club while at gym
- One free fitness assessment with personal trainer
- 505.325.3565 | defined.com

San Juan College Health and Human Performance Center

4601 College Boulevard in Farmington

- \$280.00 annual membership fee, 1 year begins on enrollment date
- 1 spouse or family member may enroll for discounted rate, priced per person
- **Adult membership includes:** Assessment and children under 14 (children must remain with parent)
- Personal training (*additional charge*)
- Gym, courts, climbing wall, indoor track, classes
- 505.566.3410

Gym Lou's

24 hour fitness facility located at 416 West Broadway

- Special \$35.10 month-to-month rate for San Juan Regional Medical Center employees
- No start-up or annual fees
- Unlimited tanning and group fitness classes included
- 505.592.3845
- gymlous.com

*Payroll deduction is available for monthly fees only.



sanjuanregional.com